

# Irritable Bowel Syndrome Detoxification Program

Do you have chronic issues with:

- HEARTBURN
- MALDIGESTION
  - GAS
- BLOATING
- ALTERNATING  
DIARRHEA and  
CONSTIPATION?

Do you feel SLUGGISH  
or TOXIC?

Would you like to digest  
and process food better,  
and feel better overall?



Dr. Heidi Wittmann,  
Naturopathic Doctor

*"It's important to treat your gut right – everything that you digest and absorb helps (or hinders) all of your body's processes. It is important to also take measures that minimize exposures to toxins while neutralizing and expelling the toxins we currently harbor. This can be accomplished by improving our diets, consuming fresh, organic, and toxin-free foods, and reducing the body's toxic load by cleansing toxins that we've been storing over the course of a lifetime.*

*After our IBS Detoxification program, patients have reported complete resolution of some symptoms such as chronic diarrhea; others have increased energy, better digestion, and an overall improved sense of well-being."*

~Dr. Heidi Wittmann, ND

## All Products by *Biogenesis Nutraceuticals, Inc*

### BioCleanse Plus Functional Food—made with rice, pea, and chlorella protein

A pleasant-tasting, comprehensive cleansing formula that provides biologically active vitamins and minerals with specialty nutrients to support detoxification. This product is a low-allergen base and serves as a balanced meal supplement during the course of the program.

### BioCleanse Capsules (optional with 8-day program)

Provides additional nutritional support that will assist the neutralization and removal of toxins and metabolic waste.

### Ultra Fiber Plus

A powdered dietary fiber supplement with soluble fiber, insoluble fiber, and freeze-dried Lactobacillus acidophilus to support healthy intestinal function and elimination.

### Ultra Greens pH

Blends vegetables, enzymes, grasses, and blue green algae in a delicious, fruit –flavored powdered beverage.

**\$199**

8-Day Detoxification Program

**\$299**

21-Day Detoxification Program

**INCLUDES 2 VISITS + ALL SUPPLEMENTS**

**619.546.4806**

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**[www.AltHealNet.org/clinic](http://www.AltHealNet.org/clinic)**