



Healing Arts Fest on Adams

Saturday, April 24th 10 AM – 7 PM

Sunday, April 25th 11:00 AM- 6:00 PM



SAT - Park Stage (Demo Zone):

10:30 – 11:00 AM - Opening Exercises with Falun Dafa-San Diego

11:00- 11:35AM – **Erik Canzona & Alfred Howard of The Heavy Guilt**

11:35 – 12:00 PM – Acro Yoga - DEMO

12:00 – 1:00 PM – **Geoffrey Keezer Trio featuring Peter Sprague**

1:00 – 1:30 PM – Balinese Monkey Chant w/ Infinity Health Network

1:30 – 2:45 PM – **Jason Chase Trio**

2:45 – 3:15 PM – Community Drumming for Wellness w/ Resounding Joy

3:15 – 4:30 PM – **The Styletones**

4:30 – 5:00 PM – Sabrina Bellydancer & Friends

5:00 – 6:30 PM – **Stranger**

6:30 – 6:45 PM – Closing Meditation w/ Red Lotus Society

SUN - Park Stage (Demo Zone):

11:15 AM – 11:30 AM – Tai Chi Master Jesse Tsao

11:30 – 11:45 AM – Opening Words / Intro

11:45 – 12:30 PM – **Danny Green Trio**

12:30 – 1:00 PM – Acro Yoga - DEMO

1:00 – 2:00 PM – **Sene Africa**

2:00 – 2:30 PM – Community Drumming for Wellness w/ Resounding Joy

2:30 – 3:45 PM – **Pau Hana**

3:45 – 4:15 PM – Capoeira Brazil Drum & Dance

4:15 – 5:45 PM – **The Devastators**

5:45 – 6:00 PM – Closing Meditation w/ Pilgrimage of the Heart

SAT - Workshop Area (Church Social Hall):

2:00 - 2:45 PM – Yoga w/ Pilgrimage of the Heart

3:00 – 3:45 PM – Qi Gong & Meditation w/ Red Lotus Society

4:00 – 4:45 PM – Conscious Breathing Workshop w/ Art of Living

5:00 – 5:45 PM – Musical Kirtan w/ Pilgrimage of the Heart

SUN - Workshop Area (Church Social Hall):

2:00 - 2:45 PM – Yoga w/ Pilgrimage of the Heart

3:00 – 3:45 PM – Qi Gong & Meditation w/ Red Lotus Society

4:00 – 4:45 PM – How to eat Healthy w/ Zen Sanctuary

5:00 – 5:45 PM – Sound Healing w/ Toni Pope

Art Gallery (Church Social Hall/ Barber Surgeons)

– Art Around Adams / Walk the Walk Presents