

Specifications & Dosing

- ◆ **Standardized 5:1 granules** — 12.5g of granule + 1 ounce of EOH + 1 ounce of H₂O in each bottle (approximately 62.5 g of raw herb)
- ◆ Each 2oz bottle is a standard one week dose; a prescription for 1 dropper 3x per day, or around 1 teaspoon 3x per day is approximately 2g of granulated herb each day.
- ◆ With alcohol as an envoy, the efficacy of each gram is much higher. This is the beauty of granule-based tinctures.
- ◆ Increase daily dosage for more acute pathologies.
- ◆ Formulas are alcohol-based; glycerin-based tinctures are available upon request.
- ◆ Corn-based granules — *not recommended for patients with corn allergies*

Adaptogenic — a Tonic for Health

Adaptogens are rejuvenating herbs, also known as qi tonics. They contain natural substances which have been found to protect the body and aid in 'adapting' to life's stressors to maintain optimal **homeostatis**. These natural biological chemicals have been found to not only to help the body cope with stress but also to balance **endocrine hormones**, boost the **immune system**, increase physical and mental capacity, **reduce fatigue**, improve **resistance to diseases**, and **extend lifespan**.

Our formula has many of the most well known and effective adaptogens.

Medicinal Ingredients: *Astragalus membranaceus* - huang qi; *Ganoderma lucidum* - ling zhi; *Codonopsis pilosula* - dang shen; *Lycii Fructus* - gou qi zi; *Schisandrae Fructus* - wu wei zi; *Citri Reticulatae Pericarpium* - chen pi; *Zingiberis Rhizoma Recens* - sheng jiang.



AltHealNet is a 501(c)(3) non-profit that is committed to promoting the use of integrative healing therapies to the public and improving access to integrative health care in underserved communities. With this herbal tincture line, we are encouraging the use of high quality, natural medicine for health and wellness.

*Alternative Healing Network
a 501 (c)(3) non-profit*

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www.AltHealNet.org/herbs

Traditional Chinese Herbal Tinctures

Professional's Brochure



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Improving Therapeutic Outcomes and Patient Compliance

Ordering Is Quick and Easy!

Purchasing tinctures from Alternative Healing Network for your practice is a great way to increase patient compliance and therapeutic effectiveness! Once you contact us, we will conveniently fax or email you a *Licensed Practitioner's* order form. You may submit it electronically or by fax. Also, with a valid Seller's Permit number, you will not be required to pay sales tax on your total.

(619) 546-4806
Fax: (619) 546-5326
herbs@alhealnet.org

L.Ac. Pricing

Individual Tinctures	\$10 each
Total orders of 10+	\$9 each
Total orders of 30+	\$7 each

Patient Pick-Up: \$12 per tincture

www.AltHealNet.org/herbs



With orders of 30+ tinctures, L.Ac.'s will receive TWO reference materials:

- ◆ **Tincture Guide** – all formula ingredients and detailed information regarding when and how to disperse to patients (TCM-based)
- ◆ **Symptom Reference** – biomedical-based guide for determining appropriate formulas

Product List

Adaptogenic—a Tonic for Health	ADAPT
Ban Lan Gen *single herb	BLG
Ba Zhen Tang	BZT
Ba Zheng San	BZS
Ban Xia Hou Po Tang	BXHPT
Bao He Wan	BHW
Bu Yang Huan Wu Tang	BYHWT
Bu Zhong Yi Qi Tang	BZYQT
Cang Er Zi San	CEZS
Da Huang Mu Dan Pi Tang	DHMDP
Dao Chi San	DCS
Du Huo Ji Sheng Tang	DHJST
Er Chen Tang	ECT

Gan Mai Da Zao Tang	GMDZT
Gui Pi Tang	GPT
Gui Zhi Fu Ling Wan	GZFLW
Gui Zhi Tang	GZT
Huo Xiang Zheng Qi San	HXZQS
Lui Jun Zi Tang	LJZT
Liu Wei Di Huang Wan	LWDHW
Long Dan Xie Gan Tang	LDXGT
Ma Zi Ren Wan	MZRW
Mai Men Dong Tang	MMDT
Ming Mu Di Huang Wan	MMDHW
Sang Ju Yin	SJY
Shao Fu Zhu Yu Tang	SFZYT
Shen Tong Zhu Yu Tang	STZYT
Sheng Mai San	SMS
Si Jun Zi Tang	SJZT
Si Ni San	SNS
Si Shen Wan	SSW
Si Wu Tang	SWT
Suan Zao Ren Tang	SZRT
Tian Ma Gou Teng Yin	TMGTY
Tian Wang Bu Xin Dan	TWBXD
Xiao Chai Hu Tang	XCHT
Xiao Yao San	XYX
Xue Fu Zhu Yu Tang	XFZYT
Yin Qiao San	TQS
You Gui Wan	YGW
Yu Ping Feng San	YPFS
Yue Ju Wan	YJW
Zhi Sou San	ZSS
Zou Gui Yin	ZGY